

September 20, 2007

VOLUNTEERS NEEDED FOR HEALTH AND NUTRITION PROGRAM “DAYS OF TASTE”

Dear 4th Grade Parents:

My name is Klara Carames and I am a 1st Grade parent. I want to share with you some information regarding a program I am introducing to PS261 for 4th graders only. The program is called ***Days of Taste***. It is a discovery-based program to learn about food and how it weaves its way through daily life from the farm to the table.

It will take place on 4 consecutive Wednesday mornings in October. The summary of activities is as follows:

Day 1 – Exploration of the ABC’s of Taste and Health

Day 2 – Local Seasonal Products (either an in classroom activity or a visit to the Farmer’s Market)

Day 3 – Preparation of a Harvest Salad

Day 4 – Visit & Luncheon at the Restaurant

In order to successfully present the program we need a parent volunteer from each class to work with the chef (that I am recruiting from local restaurants). The parent and the chef will present to the class a pre-set curriculum with supplies that have **all** been provided by Spoons Across America, through the American Institute of Wine & Food. (For more info please visit www.spoonsacrossamerica.org.)

We are just two weeks away from the first class and I still don’t have any parent volunteers. I urge you to **please consider my request and help me bring this FREE program to our 4th graders. Please contact me as soon as possible at 917-364-1578 or Klara@klarify.net.**

To date the participating restaurants are Cheryl’s Global Gourmet and Jessie’s Brooklyn Kitchen. Next week I am meeting with Saul Bellows from Saul. Heva is helping me reach out to a Middle Eastern restaurant. And I am still talking with others, as I need a restaurant for each class. Of course if you know a local restaurant owner or chef, I would also greatly appreciate your help in recruiting additional restaurants.

Thank you for your time and I look forward to hearing from you!